



*Magical Money Mindset for Brilliant*

*Business Success*

*'Simple' Mindset Training to Attract  
Money to Your Biz*



## 4. Practicing Rituals

Rituals are a beautiful way to connect to your inner being throughout life. By experiencing your life in an elevated state most of the time, this will mean that you will experience more joy, fulfilment and success as a result.

### **Morning Ritual**

Every morning you need to be practicing a ritual that sets you up for the day and gets you into your zone of positive mindset and heading towards the vision of your ideal you.

This is the most important 20 minutes of your day and will have a massive impact upon you feel and how your day flows for you.

When we have a morning routine, it gives us a strong foundation to base the rest of the day upon because:

1. Meditation gives us perspective, and along with affirmations, allows us to feel positive about money.
2. Meditation and reflection allow us to open our minds to the world around us and become open to new sales opportunities.
3. When we change our mindset about what wealth is and how we access it, we change the way we sell.
4. Journaling helps us to stay on track and makes us grateful for the sales and opportunities we have received.
5. Staying true to ourselves and focusing on our purpose, means we sell from the heart and not from the head.

Your morning ritual can be powerfully symbolic and open the floodgates to a deeper connection to the Universe within and will also activate the Law of Attraction allowing you to manifest and achieve your deepest desires.

Practicing it everyday with an open heart, an open mind and a willingness to be open to all possibilities will ensure that it sparks intentions that you are holding in your heart and kind and take them to a new vibration in order for them to finally manifest.

Your morning ritual should include:

**THANK** – Write down who and what are you thankful for. Jot a few things down here:

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**CONNECT** – Use a meditation recording or song to relax and clear your mind. What recording or songs will you use?

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**MOVE** – To get motivated move around to a song you love while saying 3 powerful statements. What songs do you enjoy?

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What are your 3 power statements?

1.

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2.

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3.

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**VISION** – Think about the ideal you and the vision you have for your future self. Which song allows you to project powerfully in to your chosen reality?

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**DANCE** – Tune into your body and the way you feel while getting your blood pumping ready for the day! Which songs do you love to dance to?

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**AFFIRM** – Write down the mantras that are important and powerful for you. What are they?

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**SPEAK** – Say desire statement out loud (or shout it from the roof tops!) What's yours?

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### **Re-programming Your Mind for Success**

Alongside all the visualisation and positive mindset you must take massive action.

A great way to stay positive and re-programme your mind is by using positive affirmations, such as the following:

- I deeply and completely love myself, trust myself, honour myself, and accept myself for who I am.
- I create my own safety and security easily.
- I always take care of my own needs first.
- I am worthy of the best that life has to offer me.
- I am worthy of amazing feedback and beautiful compliments that touch me and feed my soul.
- I am worthy of making my purpose my reality.
- I am allowed to be wrong – mistakes are life's lessons.
- I may not know everything, but I am always learning and growing.
- I am free to be who I want to be, with no judgements.
- I have the freedom to choose my own destiny, and there are no restrictions.
- I am worthy of being seen and heard.
- I am worthy of speaking my truth and being understood.
- I am important in this world.
- I am totally in love with my life.
- I have everything I need and want in my life.
- I feel calm and peaceful.
- I am grateful for all the opportunities I have available to me.
- My life is amazing, and I have got here because of me.
- I welcome abundance easily.
- My earning potential and wealth abundance is limitless.

- My confidence is souring.
- I am in control of my life and how I react to the world around me.
- I have the power to make the world a better place.
- I am brave.
- I am beautiful.
- I am kind and loyal.
- I am ambitious and passionate.
- I am blessed and loved.

What affirmations will you use to turn your negative thoughts into positives?

I am \_\_\_\_\_

I am \_\_\_\_\_

I am \_\_\_\_\_

I am \_\_\_\_\_

I am \_\_\_\_\_

Repeat these every day, because the key to success is consistency!

**Take Action**

Once you have set your intention and connected to your vision, you now need to put together your plan of action and break your goal down into weekly action steps.

Also take the time each morning to meditate during your morning ritual, to calm your mind and receive any messages guiding you to your next action steps to allow you to move forwards. This is what they call inspired action and why meditation is a must for entrepreneurs.

The key to manifesting your desires is once you have set your intention you must trust that it is going to happen, keep your thoughts positive, your feelings in line with your thoughts, and this will then allow you to give off the right energy to attract what you desire to you – do this and the goal and vision will be yours.