



## Week Five – Reflection Questions

Please take some time away from your business in a relaxed and quiet space to answer these questions as honestly and in as much detail as possible.

These are for your own reflection in order to assess your progress on your HER Business Elite Academy journey so far, and you will not be required to share the answers with anyone else if you do not wish to do so.

1. What have you learned most about yourself since starting the programme?
2. What are your three most surprising discoveries on the academy programme so far?
3. What three actions from Weeks One to Four will you be prioritising to move forwards with your business?
4. What have you identified that you still need to learn on this programme and beyond to progress your business further?
5. Look back on your Discovery Questions from Week One:
  - a. Have any of these answers changed? If so, which ones and how have they changed?
  - b. If not, why do you think this is?